

HEALTH CARE SERVICES

State-Based Health Plans:

- Children's Special Health Care Services – Program for children with special health care needs. 1.800.359.3722 or www.michigan.gov.
- MIChild/Healthy Kids Program – Low-cost programs that provide comprehensive health care for children of working families. 1.888.988.6300 or www.healthcare4mi.com.
- Women, Infants, and Children Program – Nutritious foods, information on healthy eating, and referrals to health care for women, infants and children. 1.800.942.1636.

County-Based Health Plans:

Macomb Health Plan – Medicaid, adult resident program and subsidized business health products. 1.866.622.6620 or www.macombhealthplan.org.

Local Health Departments – Services including well child clinics, prenatal care, cancer screening, and immunizations.

- Macomb County – 586.469.5235 or [www.macombcounty](http://www.macombcounty.mi.gov/publichealth) mi.gov/publichealth
- Oakland County – 248.858.1280

Free and Low-Cost Health Centers – Always call before to make sure the hours and services are the same as listed:

- Neighbors Caring for Neighbors Samaritan House (Washington Twp.) – Appointments preferred. Open 11 a.m. to 6:00 p.m. on Mondays. Primary care only. 586.677.3788.
- Neighbors Caring for Neighbors (Mt. Clemens) – Walk-ins and appointments accepted. Open 9:00 a.m. to 2:00 p.m. Tuesday and Friday; 10:00 a.m. to 3:00 p.m. Wednesday. 586.469.3750.

School-Based Health Centers – Provide services to children and adolescents who attend a school or live near school. Services may include: health screenings, immunizations, treatment of minor injuries, medical exams and lab services. Call ahead to verify services and eligibility.

- Henry Ford Health System – 586.759.9070
- New Haven Adolescent Health Clinic – 586.749.5173

PRESCRIPTION SERVICES

- The Medicine Program – Get a free discount card to save money on prescriptions. 1.866.694.3893.
- Prescription Relief – Prescription assistance for the uninsured. 1.866.378.4686 or www.prescriptionrelief.org.
- Macomb County Senior Prescription Program – Discount information on prescriptions at local pharmacies. 586.469.6313.

DENTAL SERVICES

Discount Dental Plans – Information on low-cost dental plans in your area. 1.888.632.5353.

VISION SERVICES

- Eye Care America – Provides referrals to doctors who perform free or low-cost eye exams and surgery to individuals over 65. 1.800.222.3937.
- Lions Club International – Distributes eyeglasses to those in need. www.lionsclub.org.
- Vision USA – Free eye care program for working individuals who do not have vision insurance. 1.800.776.4466 or www.aoa.org.